



NOVEMBER 2023

Canastota CSD

November 10 2023 Veterans Day No School
Nov 13, 29, & 30 Early Dismissal—Lunch Served—
November 22-24 2023 Holiday Recess]

Monday

Tuesday

Wednesday

Thursday

Friday

Hamburger on a Bun

6

Lettuce / Tomato / Cheese

Sweet Fries / Baked Beans

Asst. Fruit Cup

Walking Tacos / Cheese

7

Romaine Lettuce / Tomatoes

Salsa / Carrots / Rice

Apple / Fruit Cup

Cheese OR Garlic Pizza

1

Romaine Veggie Salad

Assorted Fruit Cup

Cheesy Chicken Quesadilla

2

Carrots (steamed)

Refried Beans / Sour Cream

Assorted Fruit Cup

Pizza Crunchers / WG Roll

3

French Fries

Green Beans

Assorted Fruit Cup

Hot Dog on a Bun

13

Carrot Sticks

Veggie Juice

Asst Fruit Cup / Banana

Popcorn Chicken Salad

14

Corn/ WG Baked Pretzel

Banana / Asst. Fruit Cup

Cheese OR Garlic Pizza

15

Broccoli (steamed)

Assorted Fruit Cup

Turkey Dinner / WG Roll

16

Mashed Potatoes

Green Beans

Asst. Fruit Cup / Cranberry

Toasted Cheese

17

Tostitos with Salsa

Fresh Veggies Strips / Dip

Assorted Fruit Cup

Chicken Nuggets / WG Roll

20

French Fries / BBQ sauce

Green Beans

Apple/Fruit Cup

Turkey or Ham Sub

21

Lettuce / Tomato / Cheese

Carrot Sticks / Doritos

Assorted Fruit Cup / Apple

Thanksgiving Recess

22

No School
Thanksgiving Recess

Thanksgiving Recess

23

No School
Thanksgiving Recess

Thanksgiving Recess

24

No School
Thanksgiving Recess

French Toast Sticks

27

Breakfast Sausage

Hashbrown / Broccoli Cups

Fruit Cup

Hard Or Soft Tacos / Cheese

28

Romaine Lettuce / Tomatoes

Salsa / Corn / Rice

Apple / Fruit Cup

Cheese OR Garlic Pizza

29

Carrot Sticks / Dip

Assorted Fruit Cup

Pulled Pork Sandwich

30

Celery and Carrot Sticks

Veggie Juice

Asst. Fruit Cup



SERVED DAILY

***Menu Subject to Change**

Assorted Fruit Cup AND/OR Fresh Fruit
CHOICE OF MILK—FAT FREE WHITE, FAT FREE CHOCOLATE, OR FAT FREE STRAWBERRY & 1% WHITE

Ala Carte Daily Choices
K-8 —PB&J Sandwich or Cheese Pizza or Yogurt Combo
9-12 —Cheese Pizza or Asst. Salad or Chicken Patty



PAY FOR MEALS ONLINE
MySchoolBucks.com